

# Exploitation and Grooming



By Christopher Langman

Exploitation is when someone tricks you into doing a task for them.

Grooming is when someone prepares you to do an unsafe or illegal task for them.

Signs that you may be at risk of being exploited or groomed include:



A new friend asks you to do 'favours' for them



You are given expensive presents



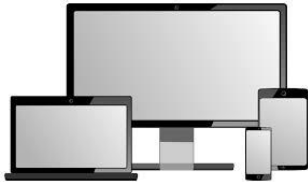
Strangers visit your home



You are offered alcohol or drugs



Someone tells you lots of compliments



You are given money, phones or devices



Someone asks you to carry or deliver a parcel for them



You are asked to keep secrets



Someone tells you to trust them

If you think you are being exploited or groomed please contact any of the following:



Call 101 for police when not an emergency



Talk to a police officer

**CrimeStoppers.**

**0800 555 111**

100% anonymous. Always.

Or if you do not want to give your name, call Crimestoppers